

CO-OP TM/MC

Gander

FRESH



3⁹⁹

RED RIPE STRAWBERRIES
US or Mexico #1
1 lb clamshell



2⁴⁹
lb

FRESH PORK LOIN CHOPS
Family Pack
Combination
5.49 kg

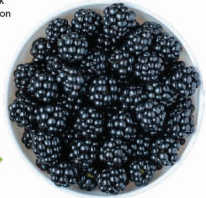
FRESH CHICKEN WINGS
Family Pack
8.80 kg



3⁹⁹
lb

PLUMP RIPE BLACKBERRIES
Mexico #1 • 6 oz clamshell

3⁴⁹



FRESH CRISP ROMAINE HEARTS
US #1 • 3 pk

3⁹⁹



SCHNEIDERS LUNCH MATE BOLOGNA KIT
90g • Bologna only

2/\$5



CHAPMAN'S FROZEN YOGURT 2L PREMIUM ICE CREAM 2L or NO SUGAR ADDED ICE CREAM 1L • Assorted

4⁹⁹



PARKAY MARGARINE
850g

4⁹⁹



LACTANTIA CREAM CHEESE
250g • Original or Light

3⁴⁹



CATELLI GARDEN SELECT PASTA SAUCE
600-640mL • Assorted

1⁸⁸



KRAFT DINNER 200g • Original or KD CUPS 58g • Assorted

4/\$5



FAVORITE FRUIT
284-398mL • Assorted

4/\$5



ALLEN'S COCKTAILS or JUICE
1L • Assorted

HOT DEAL 3/\$5



WONG WING VEGETABLE EGG ROLLS
1.25 kg

8⁹⁹



LA PERLA VEGETABLE or CANOLA OIL
946mL

3⁴⁷



KRAFT MIRACLE WHIP
890mL • Assorted

4⁹⁷



FAVORITE BREAD & ROLL MIX
3lb

4⁴⁹



QUAKER HARVEST CRUNCH
400-510g • Assorted

3⁹⁹



COKE PRODUCTS
6x710mL • Assorted

3⁹⁹



OLD DUTCH POTATO CHIPS
235g • Assorted

3⁴⁹

Fresh Produce

FLORIDA
PRODUCE



PLUMP RIPE
TOMATOES
Florida #1
4 pk

3⁹⁹

SWEET
BELL GREEN
PEPPERS
Florida #1
6.59 kg

2⁹⁹
lb

Organic

CLASSIC BRAND
ORGANIC SALADS
US #1 • 5 oz clamshell

4⁴⁹

4⁹⁹

3⁴⁹

3⁴⁹

2⁹⁹
lb

4⁹⁹

5⁹⁹

4⁹⁹

4⁹⁹

4⁹⁹

4⁹⁹

4⁹⁹

4⁹⁹

4⁹⁹

4⁹⁹

4⁹⁹

4⁹⁹

4⁹⁹

4⁹⁹

EXTRA LARGE RED GRAPES
South Africa #1 • 11.00 kg

4⁹⁹
lb



FLORIDA
PRODUCE



PLUMP RIPE
TOMATOES
Florida #1
4 pk

3⁹⁹

SWEET
BELL GREEN
PEPPERS
Florida #1
6.59 kg

2⁹⁹
lb

Organic

CLASSIC BRAND
ORGANIC SALADS
US #1 • 5 oz clamshell

4⁴⁹

4⁹⁹

3⁴⁹

3⁴⁹

2⁹⁹
lb

CLASSIC BRAND
ORGANIC SALADS
US #1 • 5 oz clamshell

4⁴⁹

4⁹⁹

5⁹⁹

4⁹⁹

4⁹⁹

4⁹⁹

4⁹⁹

4⁹⁹

4⁹⁹

4⁹⁹

4⁹⁹

4⁹⁹

4⁹⁹

3⁴⁹

SWEET RIPE GRAPE TOMATOES
Ontario #1 • Pint basket



WHOLE
WHITE
MUSHROOMS
Ontario #1
8 oz cello



3⁴⁹

GREEN KIWIFRUIT
Greece #1
600g clamshell



4⁹⁹

FRESH BROCCOLI
Mexico #1



3⁴⁹



2⁹⁹
lb

SWEET SUCCULENT
MANGOES
Mexico #1



2/\$5

SWEET JUICY
PEACHES AND
NECTARINES
Chile #1 • 8.80 kg



3⁹⁹
lb



5/\$5

FRESH LIMES
Mexico #1



Organic

CLASSIC BRAND
ORGANIC SALADS
US #1 • 5 oz clamshell

4⁴⁹

4⁹⁹

3⁴⁹

3⁴⁹

2⁹⁹
lb

4⁹⁹

5⁹⁹

4⁹⁹

4⁹⁹

4⁹⁹

4⁹⁹

4⁹⁹

4⁹⁹

4⁹⁹

4⁹⁹

4⁹⁹

4⁹⁹

4⁹⁹

4⁹⁹

Bakery & Deli

2 PK LONG JOHNS
200g • Store baked

4⁴⁹

DONUTS
10 pk • Assorted

4⁴⁹

REGIONALE BAKERY ENGLISH MUFFINS
400g

3⁹⁹

SAPUTO VERY FINE SHRED
PARMESAN CHEESE 140g

5⁹⁹

COLD PLATES
Store made

5⁴⁹

GENERAL MILLS CEREALS
300-380g • Selected

4⁹⁹

KELLOGG'S ALL BRAN
450g

5⁹⁹

DEMPSTER'S
WHOLE GRAIN
BREAD
600g
Assorted

3⁹⁹

MAXWELL HOUSE COFFEE
864-900g • Assorted

12⁹⁹

FRANK'S RED HOT SAUCE
354ml • Assorted

4⁹⁹

QUAKER OATMEAL 228-344g or
OATS 900g • 1 kg • Assorted

4⁹⁹

CARAPELLI ORGANIC EXTRA
VIRGIN OLIVE OIL 500ml • Assorted

12⁹⁹

PURITY LEMON CREAMS, TEA-VEES,
CLASSIC MILK LUNCH, TIP TOP or
PURITY CREAM CRISPS 350-400g

4⁹⁹

MINUTE MAID ZERO SUGAR
1.54L • Assorted

3⁹⁹

E.D. SMITH TRIPLE FRUIT JAM
375-500ml • Assorted

4⁹⁹

BETTY CROCKER BISQUICK
1.13 kg

4⁹⁹

ROUGEMONT
APPLE JUICE
2L or
SUNRYPE
SLIM
1.36L
Assorted

3⁹⁹

PRIMO SOUP
525-540ml • Assorted • Reg. 3.99

2⁹⁹

BILLY BEE HONEY
250g

6⁴⁹

CATELLI LASAGNA NOODLES
375-500g • Assorted

4⁴⁹



ChoiceCuts

CANADIAN AA OR HIGHER SIRLOIN TIP OVEN ROAST 15.41 kg Family Pack



6⁹⁹ lb



CANADIAN AA OR HIGHER TRIMMED LEAN STEWING BEEF or LEAN GROUND BEEF 15.41 kg • Family Pack

6⁹⁹ lb



MADE FROM FRESH BEEF

CANADIAN AA OR HIGHER PRIME RIB OVEN ROAST or STEAK 39.68 kg Family Pack



2⁹⁹ lb

FRESH PORK LOIN CENTER CUT CHOPS 6.59 kg • Family Pack



24⁹⁹

LIGHTLY BREADED CHICKEN WINGS 2 kg Individually Quick Frozen

17⁹⁹ lb



5⁹⁹

SWIFT PREMIUM SLICED BACON 375g • Assorted

SAVE \$1.50



4⁴⁹

MAPLE LEAF WIENERS 375g • Assorted • Reg. 5.99



7⁹⁹

IRRESISTIBLE ASIAN or MEXICAN STYLE CHICKEN BITES 500g

From the Sea



2⁹⁹ lb

SEAFRESH FISH IN BATTER 6.59 kg



6⁹⁹ lb

FRESH ATLANTIC WHOLE SALMON 15.41 kg

HOT DEALS



4⁹⁹

SUNRISE THICK SLICE BOLOGNA 375g



3⁹⁹

GREENFIELD CHEDDAR SAUSAGES 300g



3⁹⁹

MAPLE LEAF NATURAL SELECTIONS HONEY HAM 175g



11⁹⁹

IRRESISTIBLE GOURMET SAUSAGES IN PUFF PASTRY 468g or PUFF PASTRIES PARTY PACK 432g



3⁹⁹

KELLOGG'S EGGO WAFFLES or PANCAKES 280-330g • Assorted



7⁹⁹

CAVENDISH SHOESTRING FRIES 4.5 lb



4⁹⁹

KRAFT COOL WHIP 1 L • Assorted



6⁹⁹

MCCAIN DEEP 'N DELICIOUS CAKE 510g • Assorted



5⁴⁹

HONEYMAID GRAHAM WAFERS or CRUMBS 400g • Assorted



5⁹⁹

E. D. SMITH PIE FILLINGS 540-796mL • Assorted



2²⁹

REALEMON JUICE 440mL



2⁷⁹

JET PUFFED MARSHMALLOWS 400g • Assorted



7⁹⁹

LACTANTIA BUTTER 454g • Assorted



1⁹⁹

ELITE CHICKEN SALAD KITS 96g • Assorted



2⁹⁹

PRIMO PASTA 900g • Assorted



2²⁹

SWISS CHALET GRAVY or DIPPING SAUCE 295mL • Assorted



6⁴⁹

ARM & HAMMER LAUNDRY DETERGENT 1.42 L (5.1 L) Assorted



2/\$5

DOLE PINEAPPLE 398mL • Assorted



4⁹⁹

MARIO'S CORNED BEEF 340g



2/\$5

LIPTON SOUP MIXES 2 pk • Assorted



2⁹⁹

HEINZ BEANS or PASTA 398mL • Assorted



HOT DEAL 7⁴⁷

SUNLIGHT DISHWASHER PACKS 48 ct

More great Savings



2/\$3

HEINZ TOMATO SOUP
284mL



2.99

IDAHOAN MASHED POTATOES
389g



2/\$5

BETTY CROCKER HAMBURGER HELPER
170-240g • Assorted



1.99

DEL MONTE VEGETABLES
241-398mL • Assorted



5.99

LACTANTIA HEALTHY ATTITUDE
MARGARINE 850g



1.99

BUSH'S BAKED BEANS
398mL • Assorted



4.99

MAPLE LEAF PREMIUM COOKED
HAM 454g



2.99

OCEAN'S FLAKED WHITE TUNA
170g • Assorted



4/\$5

MARIO'S MINI VIENNA SAUSAGES
113g



4/\$5

FAVORITE PIECES & STEMS
MUSHROOMS 234mL



4.99

CHAPMAN'S
SUPER PREMIUM PLUS ICE CREAM 500mL
or NOVELTIES 5-8 pk • Assorted



7.99

KRAFT PIZZA KIT
850g • Makes 2 pizzas!



4.79

SHAKE 'N BAKE
140-184g • Assorted



15.99

DOLE FRUIT BOWLS
20 pk • Assorted



2/\$6

BEN'S HOLSUM BREAD
570g • White or Whole Wheat



3.99

SWANSON DINNERS
280-283g • Assorted



9.99

MINUTE RICE JUMBO PACK
2kg



3.99

VACHON SNACKS
220-410g • Assorted



7.99

SIMPLY ORANGE
2.36L • Assorted



4.99

TIM HORTONS HOT CHOCOLATE
500g



6.99

BLACK DIAMOND CHEESE BLOCKS 400g or SHREDS 300-320g • Assorted



4.99

BLACK DIAMOND CHEESE SLICES
410g • Assorted



11.99

TETLEY TEA BAGS
216 ct



3.99

TETLEY SPECIALTY TEA
20-24 ct • Assorted



6.99

OCEAN SPRAY COCKTAILS
3L • Assorted



4.99

PAM COOKING
SPRAY
170g



2/\$9

MISS VICKIE'S KETTLE COOKED CHIPS
200-220g • Assorted



2/\$14

PEPSI PRODUCTS 12x355mL • Assorted



2/\$6

PEPPERIDGE FARMS GOLD FISH CRACKERS
167-227g • Assorted



2.88

QUAKER DIPS or CHEWY
GRANOLA BARS 120-156g • Assorted



2/\$10

GATORADE
6x591mL • Assorted



3.49

CHRISTIE COOKIES
156-261g • Assorted



72 Elizabeth Drive, Gander 709-256-4843



We reserve the right to limit quantities. Prices do not include sales tax where applicable. Text prevails over photos.